

World Renowned Cheféns® / 3 Chefs Burrito Rolls Our marinated boneless breast is grilled in front of you to a tropical gold. It is presented in a way like no other. We carefully chop and mix from a variety of natural ingredients, place it on a bed of rice (brown, yellow or white) allowing for that ultimate eating experience. Add our sauces and that experience becomes incredible. * 3Chefs Burrito Roll (Grab & Go!!!) Turn any of our regular size Cheféns into a Grab & Go option by asking for any Chefén as a Burrito Roll.

	3 Chefs		
	Small	Large	Burrito Roll*
Signature Chefén Chopped boneless breast (fresh never frozen) on a bed of your choice of rice with pita.	12.28	15.41	12.28
Executive Chefén Chopped boneless breast (fresh never frozen) with lettuce and tomatoes on your choice of rice with pita.	13.01	16.15	13.01
General Chefén Chopped boneless breast (fresh never frozen) with lettuce, tomatoes and black beans on your choice of rice with pita.	13.53	16.67	13.53
Top Chefén Chopped boneless breast (fresh never frozen) with lettuce, tomatoes, guacamole, sour cream and cheese on a bed of your choice of rice with pita.	13.90	17.03	13.90
Royal Chefén Chopped boneless breast (fresh never frozen) with lettuce, tomatoes, guacamole, sour cream, real bacon bits and cheese on a bed of your choice of rice with pita.	14.16	17.30	14.16
Vegetarian Chefén Black beans, lettuce, tomatoes, cheese, guacamole and sour cream on a bed of your choice of rice with pita.	10.29	13.43	10.29
Low-Carb Chefén Chopped boneless breast (fresh never frozen) on a bed of lettuce topped with diced tomatoes. Doesn't get any healthier!!!	12.80	15.94	12.80

	3Chefs		
	Small	Large	Burrito Roll*
Sous Chefén (pronounced "Sue") Juicy boneless thigh meat cooked in our blend of Asian spices and sauce with lettuce, tomatoes, green onions and sesame seeds, served on your choice of rice and topped with our specialty teriyaki glaze with pita. Go different!!! Have a taste of the Orient!!!	13.27	16.41	13.27
Master Chefén Chopped boneless breast (fresh never frozen) with black beans, lettuce, tomatoes, cheese, guacamole and sour cream on a bed of your choice of rice with pita.	14.98	18.12	14.98
Iron Chefén Chopped boneless breast (fresh never frozen) on a bed of fresh steamed vegetables with pita. Undoubtedly the healthiest meal on the planet!!!	12.96	16.09	12.96
Sweet "T" Chefén Chopped boneless breast (fresh never frozen) with lettuce, tomatoes, guacamole, sour cream, chopped plantain and cheese on a bed of your choice of rice with pita.	14.94	18.08	14.94
Extra Boneless Breast	8.35	13.58	
Whole Breast (not chopped)	13.58	Half Breast (not chopped)	8.35

{Add extra chicken to any Chefén for \$4.27}

3Chefs Kid's Meal	
Kid's Chefén Chopped boneless breast on a bed of your choice of rice	8.88



3Chefs Grilled Chicken (Always fresh, never frozen)
Marinated with our secret blend of herbs and spices, perfectly grilled giving an undeniable taste only 3Chefs could deliver.

	Chicken	2 Sides/ Small	Value Meal Special Rice & Beans
#1 Quarter Dark	6.57	10.59	8.35
#2 Quarter White	7.56	11.52	9.40
#3 Half Chicken	8.98	13.01	10.44
#4 Half Chicken /All White or All Dark	11.51	15.48	12.95
#5 Whole Chicken *	16.72		
Whole Chicken /All White or All Dark *	21.44		

* DOES NOT INCLUDE SIDES

3Chefs Specialty Sides
All our side orders are prepared daily by our specialty chefs, giving the freshest and highest quality food we can deliver!!!

	Small	Large
Cold Sides		
Balsamic tomatoes	4.44	7.72
Caesar chef salad	5.73	7.83
Romaine tomato salad	5.73	7.83
Hot Sides		
Yellow, white or brown rice	3.60	5.49
Black beans or baked beans	3.60	5.49
Kernel corn	4.18	6.94
Baked sweet potato		4.65
Idaho baked potato		4.18
Steamed vegetables (fresh never frozen)	4.18	6.94
Baked plantains	4.18	6.65
Sweet mashed potatoes	4.18	6.65
Premium Choices		
The Best Tomato Basil Soup Ever	6.54	11.49
Chicken vegetable soup	5.90	10.08
Mac-n-Cheese (add bacon \$1.34)	5.79	9.98

3Chefs Family Picnic Packs
(does not include all white or dark option)

	Value Meal Special Rice & Beans
#6 1 Whole Chicken (8 pieces) 2 large sides, 4 sauces and 2 pitas	21.93 19.34
#7 2 Whole Chickens (16 pieces) 4 large sides, 8 sauces and 4 pitas	41.03

3Chefs Potato Stackers®	
Sweet Potato Stacker Grilled chicken, sour cream, guacamole, real bacon bits and cheese stuffed into our jumbo baked sweet potato	13.06
Baked Potato Stacker Grilled chicken, sour cream, guacamole, real bacon bits and cheese stuffed into our jumbo baked Idaho potato	13.06
Broccoli Stacker Grilled chicken, broccoli and cheese stuffed into our jumbo baked Idaho potato or sweet potato	13.06
Plain Sweet Potato Stacker Grilled chicken stuffed into our jumbo baked sweet potato	12.32
Plain Baked Potato Stacker Grilled chicken stuffed into our jumbo baked Idaho potato	11.87
Plain Mashed Sweet Potato Stacker Grilled chicken on top of our mashed sweet potato	12.33

3Chefs Super Salads		Caesar Chef Burrito Roll
All our salads are prepared fresh daily and served with or without our grilled tropical-gold boneless chicken breast		
	Salad with Chicken	
Romaine Tomato Chef	13.06	12.01
Caesar Chef	13.06	

Sauces & Dressings
Our sauces and dressings are carefully prepared fresh daily by the hands of our specialty chefs. Add our sauces or dressings to any meal and you are guaranteed to leave happy. Not only are our products always fresh, we offer a variety of all natural toppings that go well with any meal.

	Each
3Chefs Own Sauces	.71
• Curry mustard • Garlic Cilantro • Low-fat Curry Mustard • Fire Honey Mustard • Chipotle • Cranberry • Salsa • BBQ • Sweet-&-Sour	
3Chefs Own Dressings	.71
• Caesar • Balsamic Vinaigrette • Lite Raspberry Vinaigrette • Fat Free Ranch	

Beverages

Fountain soda	2.96
Juices and naturally flavored drinks	3.49
Bottled water	2.39
Gatorade	3.49
Beer (Domestic) (dine in only)	4.36
Beer (Imported) (dine in only)	5.52
Wine (dine in only)	5.22

3Chefs Natural Toppings & Extras

Shredded cheddar	1.40
Sour cream	1.32
Bacon	1.65
Guacamole	1.65
Lettuce	1.07
Tomatoes	1.65
Scallions (green onions)	1.07
Lettuce substitution	1.65
Croutons	1.21
Parmesan cheese	.96
Plantain	1.65
Kernel corn	1.40
Black beans or baked beans	1.65
Pita	(full) 1.04 (half) .82

Desserts

Flan	4.43
Tres leches	5.05

**We use only farm raised premium boneless chicken breast!!!
All chicken products are hormones free !!!**

* Complimentary sauces with meal
Small Chefén = 2 sauces 1/4 chicken = 2 sauces Large Chefén = 3 sauces 1/2 chicken = 3 sauces
Burrito rolls = 2 sauces Pita chefs = 2 sauces Whole chicken = 4 sauces Stackers = 2 sauces